

Love, Bliss, and the Science of Soulful Energy

The Chemistry of Love and Bliss

- Oxytocin & Vasopressin: Known as "love hormones," these are linked to bonding, trust, and intimacy.
- Anandamide: The 'bliss molecule,' elevates mood, reduces stress, and supports spiritual connectivity.

Comparative Hormonal States: Lust vs. Bliss

Lust (Oxytocin & Vasopressin):

- Lower chakras
- Impulsive, emotionally intense
- Burnout and emotional distress

Bliss (Anandamide):

- Higher chakras
- Balanced and tranquil
- Leads to ascension and peace

Lower Koshas and Chakras: The Instinctive Phase

- Annamaya Kosha: Food and survival
- Pranamaya Kosha: Vital breath
- Manomaya Kosha: Emotional intellect

Lower Chakras:

- Muladhara (Red): Stability and survival
- Sacral (Orange): Pleasure and creativity

Freud's Psychosexual Theory & Kosha Linkage

- Oral Stage (0-1.5 yrs): Linked to Annamaya Kosha
- Anal Stage (1.5-3 yrs): Pranamaya Kosha
- Phallic Stage (3-6 yrs): Manomaya Kosha
- Latency (6-9 yrs): Vijnanamaya Kosha
- Genital (9-13 yrs): Anandamaya Kosha

Love, Bliss, and the Science of Soulful Energy

Higher Koshas and Chakras: The Journey to Bliss

- Vijnanamaya Kosha: Logic and knowledge
- Anandamaya Kosha: Bliss and peace

Higher Chakras:

- Solar Plexus (Yellow): Confidence
- Heart (Green): Love
- Throat (Blue): Communication
- Third Eye (Indigo): Wisdom
- Crown (Purple): Spirituality

Neurological Marvels & Spiritual Observations

- Purple is a brain-constructed color from blue and red
- 12% of women are tetrachromats, perceiving more colors, linked to enhanced creativity

Divine Feminine and Anandamaya Power

- Goddess Durga represents the Anandamaya Kosha
- Operates from ego-less strength and divine love
- Anandamide enhances bonding and psychedelic clarity

The Unseen Force: Zero Energy

A state of pure consciousness and infinite potential. From lust to bliss, and root to crown, love transcends biology-it becomes a cosmic journey.

Special Note:

True love is not merely an emotion or a chemical reaction. It is the harmonic convergence of biological function, psychological development, spiritual ascension, and cosmic design.